

MENTAL HEALTH
AWARENESS MONTH

UNDERSTANDING YOUR EMPLOYEE ASSISTANCE PROGRAM

Employee Assistance Programs (EAPs) are benefits packages designed to help employees and their household members with their work-life balance and personal stressors. The EAP is paid for by your employer, so these services come at no cost to you. CorpCare is proud to be your EAP provider! Read more about your specific EAP benefits below.



Mental Health Counseling

Each calendar year, you and your household members receive an allotted number of therapy sessions paid for by your employer. These are traditional 50-60 minute talk therapy sessions with private practice clinicians in our network. You can meet with a provider in-person or virtually through telehealth.



Financial Services

Receive a free 30-minute telephone consultation* with a financial expert on any topic, such as budgeting, getting out of debt, and planning for retirement. Plus monthly money coaching options available. Additionally, you can receive 25% off of CPA tax preparation services each year.



Legal Services

Receive a free 60-minute consultation* with an attorney on any civil, criminal, consumer, and family law issue. Additional discounts off their hourly rates moving forward (25-35%). Individual/couples will and trust packages available at highly discounted rates.



Childcare, Eldercare, & Convenience Referrals

Receive pre-vetted, quality referrals* for services such as after school programs, nanny services, assisted living/memory care facilities, pet sitters, home repair services, and more!

* up to 3 per issue per calendar year



CorpCare is here to aid in providing emotional support and mental health counseling for your team. Interested in adding EAP to your organization? CorpCare is here to help.

Give us a call today.

877-843-6036



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