## **Back to School with BrainPOP**

We associate so many images with the beginning of a school year...new school supplies, freshly waxed floors, new staff members, and new students. It is a time of picking up where we left off in the spring and setting new goals for the coming months. Some students find this an exciting time, while others approach a new year with nervousness and uncertainty.

As you welcome new and returning students to your school for the 2023-2024 academic year, BrainPOP can help them prepare for those early days of understanding expectations, meeting new friends, and establishing routines. Use the following examples as inspiration to create ideas for easing students into an exciting school year!

Watch the BrainPOP <u>Back to School</u> movie. Turn on Pause Points to activate reflection questions throughout the movie.



Encourage your student to make a list of 3 things they will do during the first week of school to help themselves and/or someone else feel more comfortable (e.g., tour the school before the first day, eat lunch with a new classmate, choose a relaxing activity to enjoy the evening before the first day of school).

Watch the BrainPOP **Goal Setting** movie. Turn on Pause Points to activate reflection questions throughout the movie.



Encourage your student to set goals:

- a "quick-win" goal for the first week or two (e.g., organize a homework space to help stay focused).
- a goal for first semester (e.g., meet a new friend, read a certain number of books, try out for a sports team).

Watch the BrainPOP Jr. **Friends** movie. Use the questions in Annie's Notebook to think about what makes a good friend.



Encourage your student to name 3 ways they can be a good friend this year.
Encourage them to meet new classmates and make a new friend.