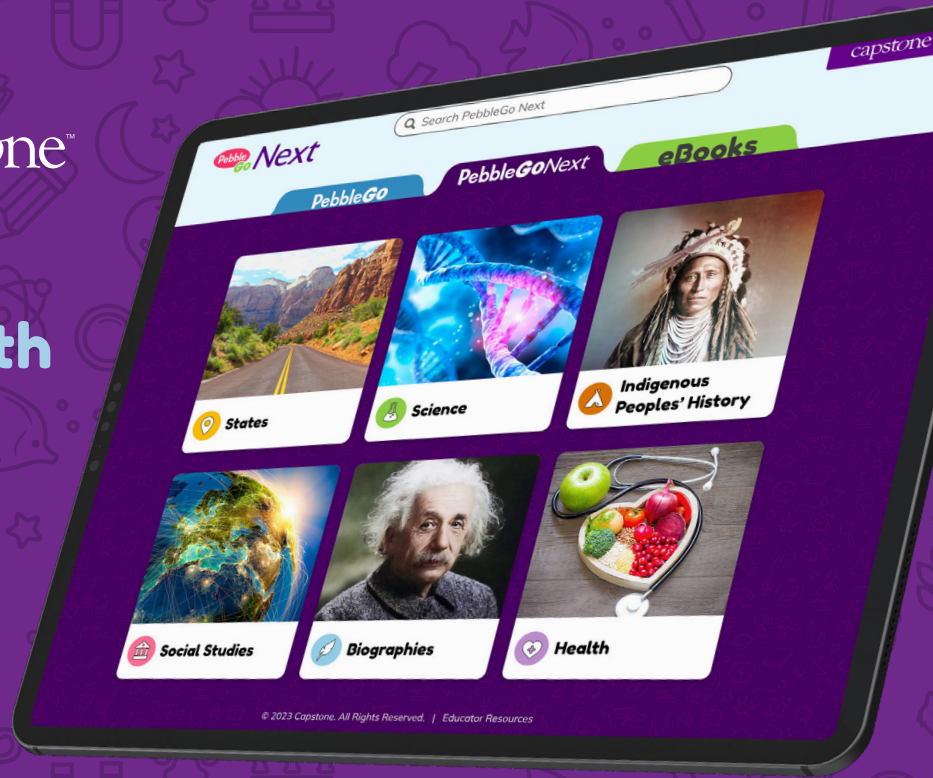




# PebbleGo Next Health for Back-to-School 2023!

Develop essential knowledge  
with comprehensive  
curriculum-aligned content  
for 3rd – 5th grade students



With our extensive library of age-appropriate articles, your students will be empowered to explore a wide variety of health-related topics, from human body systems to mental health, personal care and more! With **PebbleGo Next Health**, your students will have comprehensive access to the essential information they need to make positive health-related decisions, all within the safe confines of curriculum standards.

## Special features include:

- Articles closely aligned to state and national health standards that help students learn functional health information and develop critical health skills
- Activities and games that provide students an opportunity to develop critical skills required to adopt, practice, and maintain health-enhancing behaviors
- Content promotes a deep understanding of personal, family, and community health that empowers learners to make positive and informed health-related decisions
- Content includes mental health topics like 'Body-Image,' 'Anxiety,' and 'Advocating for Yourself' which encourage resilience in students and boosts emotional intelligence

See reverse side for list of articles included in PebbleGo Next Health.  
\* Please note that the articles on Puberty and Reproductive Systems have been defaulted to off to enable thoughtful and focused study when determined appropriate by educators.

Screen shots shown may differ from final version.

[www.pebblego.com](http://www.pebblego.com)

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Learn more at [pebblego.com/pebblego-next/health](http://pebblego.com/pebblego-next/health)



# PebbleGo Next Health

## Article List



### CAREERS IN HEALTH

- Dental Careers
- Nursing Careers
- Physician Careers
- Mental Health Careers
- Pharmacy Careers
- Emergency Health Careers
- Therapy and Rehabilitation Careers

### DISEASES AND CONDITIONS

#### Conditions

- Allergies
- Asthma
- Blindness
- Cerebral Palsy
- Cystic Fibrosis
- Deafness
- Diabetes
- Down Syndrome
- Dwarfism
- Epilepsy
- Head Injuries
- Multiple Sclerosis
- Muscular Dystrophy
- Obesity
- Scoliosis
- Smallpox

#### Diseases

- Alzheimer's Disease
- Cancer
- Celiac Disease
- COVID-19 Pandemic
- Common Cold and Flu
- Heart Disease
- HIV and AIDS

- Lung Disease
- Measles
- Smallpox

#### Feeling Sick

- Bacteria
- Immune System
- Vaccines
- Viruses

### HEALTH BEHAVIORS

- Health Factors

#### Personal Care

- Fitness
- Hygiene
- Managing Stress
- Media and Health
- Nutrients
- Nutrition
- Sleep and Rest

#### Safety

- Drugs
- First Aid
- In an Emergency
- Outdoor Safety
- Personal Safety
- Sports Safety

### HUMAN BODY SYSTEMS

#### Human Body Systems

- Circulatory System
- Digestive System
- Endocrine System
- Excretory System
- Muscular System

- Nervous System
- Puberty\*\*
- Reproductive System\*\*
- Respiratory System
- Skeletal System

### MENTAL HEALTH

- Advocating for Yourself
- Anxiety
- Body Image
- Critical Thinking
- Depression
- Feelings and Emotions
- Growth Mindset
- Mindfulness
- Self-Esteem
- Speech Disorders

### NEURODIVERGENCE

- ADHD
- Autism
- Dyslexia
- Learning Disabilities
- Synesthesia
- Tourette Syndrome

### RELATIONSHIP SKILLS

- Conflict Resolution
- Empathy
- Friendships
- Peer Pressure

\*Article list may differ from final version.

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