

# Toolbox Talk



Safety is Our #1 Core Value. | #KeepSafetyOne

## Recognize Fall Hazards and Understand the Procedures to Minimize Falls

Scaffolds, ladders and roofs are three common sources of falls across trade industries. The latest data from the Bureau of Labor Statistics show that falls were the 2nd largest cause of fatalities in the workplace. It is up to you to make the decision to practice safety, even if others around you are not. No one expects to get hurt so don't leave it up to chance – BE SAFE every day.

### Make sure you can recognize the fall hazards and the safety procedures to follow to minimize the hazard

#### Scaffold Safety

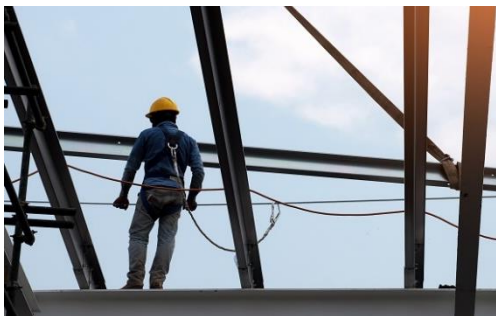
- Ensure scaffolds are on level footing, fully planked and guardrails completed.
- Verify inspection by a competent person before use.
- Don't climb over cross braces.
- Don't stand on guardrails.
- Don't use a ladder on a scaffold.
- Use a harness and lanyard when working on scaffolding 10 ft. or more above ground level.

#### Ladder Safety

- Maintain three points of contact.
- Place the ladder on level footing.
- Always face the ladder and don't overreach.
- Select the right ladder for the job and inspect before use.
- Ensure extension or straight ladders extend at least 3 ft. above point of support.
- Never stand on the three top rungs of a straight, single or extension ladder.

#### Roof Safety

- Have a competent person check your harness for fit and defects.
- Always stay connected/tie off.
- Ensure that all anchor points are safe.
- Protect all holes, openings and skylights.
- Don't sit or walk on skylights or other openings.
- Assess wind speed, wet, frosty and snowy surfaces.



If working at heights that meet OSHA's regulations, your client supervisor must provide and install all required fall and falling object protection before work begins. In addition, they are to provide job, PPE and safety specific training.

OSHA requires that fall protection be provided at elevations of 4 ft in general industry, 5 ft in shipyards, 6 ft in the construction and 8 ft in longshoring operations.

Contact your Tradesmen Representative if you are not provided with the proper PPE and/or training or need replacement PPE.

If you feel your work conditions are unsafe, talk with your client supervisor, contact your Tradesmen representative AND call the Tradesmen Safety Hotline 844-40B-SAFE.

I have read & understand the training provided. If I have any questions about the training, I will notify my Tradesmen representative.

Employee Name: \_\_\_\_\_ Employee ID \_\_\_\_\_

Project: \_\_\_\_\_ Date: \_\_\_\_\_